



Mystic Solutions – Mystic Consultant

!!STEP 1!!

How to Cleanse Your Crystals?

Congratulation on investing in this Crystals which are live form of Nature.

When you receive your crystals or buy your crystals. You have to cleanse them before using. Because, they came from distance where many people have touched them, so they might carry some energies of those people which are not good for you.

So every time you receive crystals from anybody, found them anywhere or buy them, the first thing you have to do is **CLEANSE** them.

Here is the best method to cleanse your crystals:

- Take a glass bowl
- Add some clean water to it.
- Make sure the water is pure, not from bore well.
- Add 2-3 tsp of Sea-Salt to that water

You will get Sea-Salt in any local grocery shop. In India we call it, *Samudri Namak or Khade Mith.*

- Let that sea-salt dilute in the water
- When salt get diluted in the water, Put your crystals into that glass bowl
- And now leave them there for minimum 24 hours.
- Do not touch them for those 24 hours.
- Make sure nobody go around them or touch the water or crystals.
- After completing the 24 hours, Take out your crystals.
- Now be careful about that infected water in glass bowl.
- You have to vanish that water as soon as possible
- Take that glass bowl to Toilet, and throw it in the pot and flush it 4-5 times.
- If not toilet, throw it anywhere else out of your house.

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- Because, whatever negative energies were there in those crystals, the water have absorbed it now within those 24 hours. So now the water is infected. If you or any other person of your house, especially your kids, touch that water, they can get infected with those negativity.
- That's why, you have to destroy that water as soon as possible.
- Suppose, anyhow, somebody touched that water by mistake, No need to worry. Just wash that part with sea-salt and some pure water to cleanse.
- After you flushed the infected water, come to your Crystals.
- Wash them with pure water.
- Then hold them one by one under flowing water, (under water tap).
- Then dry them with a clean cloth.
- Be soft at hand while drying and handling them.
- Now keep them in safe place where NOBODY can see or touch them other than YOU.

If you have any doubts in this process, please feel free to ask me.

MAA BLESS YOU!



!!STEP 2!!

How to Charge Your Crystals?

Here is the best method to charge your crystals:

- Take your crystals in glass bowl.
- Make sure they are completely dry. If they are not, dry them with a clean cloth.
- Take a **Sandal Flavor** Essence Stick (*Agarabatti* or *Dhup*)
- Light that *Agarabatti* or *Dhup*, let the smoke spread in the air.
- Take one crystal in your hand and now hold that crystal into that Smoke.
- There are people in crystal industry, who advice to hold your crystal in the burning Flame of Candle or Diya. But that is WRONG way to treat crystals.
- If you came across any such reading, AVOID it. Never ever hold your crystals into burning flame.
- You have to hold them in the SMOKE only.
- **WHY Sandal Flavor?**
 - Because this is a flavor responsible for removing negativity and clearing blockages.
- In future, wherever you do any type of healing, if you light a Sandal flavored *Agarabatti* or *Dhup* before you begin, it will **HELP you a lot**. Make sure you do that every time.
- You have to hold each crystal for at least 60 seconds.
- While holding each crystal in hand, say “This is MY crystal. I empowered this crystal. I love and like this crystal. I accept and honor this crystal.

I'm charging this to work for me

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- I'm charging this to help me in (*Add your issue here*).....
If there is no specific issue, just say 'to help me wherever I need' "
- After doing this, keep that crystal aside.
- Take next crystal and complete the same process for all remaining crystals.
- When you finish all crystals, keep *Agarabatti* at corner of your room.
- You can charge crystal for different types of purposes such finance, health, relationships, etc.
- This step is just for charging crystal. So DO NOT say your outputs or wishes in this step, such as 'I want to attract this much money', 'I want that my health problem should get healed' etc.
- This is not THAT step. This is basic step only to charge crystal for preparation of healing process.
- When you complete all charging all Crystals, keep them in a close box with proper care.
- Make sure nobody sees or touches it. If anybody touches it, you have to cleanse and charge them again to get rid of that person's personal energies.
- So taking care of the crystals is an essential part of your crystal healing journey.
- That's it.

If you have any doubts in this process, please feel free to ask me.

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MAA BLESS YOU!